



THE BLUE JACKET



■ P. 4 GROUNDHOG DAY TRADITIONS ■ P. 5 CHILDREN'S DENTAL HEALTH ■ P. 8 EYE ON THE FLEET

A DOG'S TALE

STORY AND PHOTOS BY ART FRITH
NSA MID-SOUTH PUBLIC AFFAIRS

As retirement from the military approaches for most of us, we face the uncertainty of what is next to come for us in life. This also holds true for four-legged military members, especially one canine here at NSA Mid-South.

Reza is an 11-year old German shepherd that started her military career at the age of two in 1998 when she reported to the 341st Training Squadron at Lackland Air Force Base in Texas. This unit oversees the training of all military working dog (MWD) handlers, with instructors from all four branches of service. Graduating in May 1999, Reza was assigned to Naval Station Guantanamo Bay, Cuba, with follow-on assignments at Naval Station Roosevelt Roads, Puerto Rico, and Naval Station Gulfport, Miss., before arriving at NSA Mid-South in August 2005

after being displaced by Hurricane Katrina. "She's been used as a demonstration dog for groups and kids because she is so intelligent and energetic," said MA2 Chris Hill, an MWD handler assigned to the base Security Department.

As with many of her human Navy counterparts who are approaching retirement age, time and medical issues began to take their toll on Reza. What do you do with a devoted MWD that has given the Navy so many years of honorable service, but is no longer capable of performing her assigned duties? That's been the problem facing base officials here for more than a year. According to Hill, "The costs associated with maintaining a military working dog became a real issue. As she was not a functioning dog since her arrival here in August 2005, it wasn't cost effective to keep Reza around."

When a military working dog comes to the end of its career, there are three options available for a command: retirement and adoption; send the dog back to Lackland Air Force Base to work as a training aid; or

humanely euthanize the animal. Hill said there was no doubt which option would be chosen in Reza's case. "(MACM Cal Fryman, NSA Mid-South security chief) made it very clear to us that euthanizing Reza is not an option and that all means would be exhausted to bring her situation to a happy ending."

There was the typical long, bureaucratic paperwork trail of official requests, forms and letters that had to be followed that eventually led back to where Reza's career began, Lackland Air Force Base. But it's the local base that has the final word when it comes to the disposition of military working dogs. Hill explained, "Though a letter on Reza was sent out from Texas regarding her disposition,



See Reza, 3

Training session

Elliptical machine; stationary bike become PRT cardio options

BY LT. SCOTT MOWERY
NAVAL PERSONNEL COMMAND PUBLIC AFFAIRS

The Navy's culture of fitness program is introducing new ways for sailors to complete the cardiovascular portion of the Physical Readiness Test (PRT). NAVADMIN 11/07 spells out the details for commanding officers use of elliptical trainers and stationary bikes as options to running the PRT.

When commanders approve the options, sailors who do not wish to run are offered other ways to complete the cardio standard. Any medical issues, however, need close attention. According to the NAVADMIN, sailors who are medically waived from the 1.5 mile run cannot be required to test using the stationary cycle, elliptical, swim or treadmill options. Sailors and command fitness leaders must ensure any medical waiver states which cardio options are cleared.

The elliptical and cycle tests are both 12-minute fixed-timed tests with a direct correlation to the 1.5 mile run. The goal is to burn as many calories as possible. Once the user obtains their caloric output from the elliptical or stationary bike, they can input these results into a calculator located on the PRT website.

<http://www.npc.navy.mil/CommandSupport/PhysicalReadiness/>. This calculates a run time that can be compared to the 1.5 mile run section

of the PRT instruction.

"We are trying to encourage the culture of fitness concept by giving sailors the option to test like they train. These new options, when allowed by the command, give sailors the chance to work out on a regular basis on equipment they can use to complete the run portion of the PRT," said Lt. Cmdr. Lisa Finlayson, the Navy's program manager for physiology and fitness.

The culture of fitness encourages sailors to exercise more frequently and get rid of the "three mile club," those sailors who only exercise when the PRT comes around. "This also helps deployed commands complete their PRT on time and gives deployed sailors more options to stay in shape," said Finlayson.

If using these options for the PRT, command fitness leaders (CFL) must ensure sailors train on the machine and know the safety, setup/start/stop, and testing procedures for that machine prior to testing day. "These options are challenging events," according to the NAVADMIN, so sailors need to know their performance capabilities before taking the test.

CFLs must obtain authorization from their commanding officer to use the elliptical and stationary bike for a PRT. CFLs and sailors should read NAVADMIN 11/07 at <http://www.npc.navy.mil> (messages section) to get a list of the correct model numbers of authorized machines that are required to take the test.

Commanders may now authorize the elliptical trainer, like these at the Joe Dugger Fitness Center, as an alternative testing option for the cardio portion of the Physical Readiness Test's 1.5 mile run beginning with the Spring 2007 physical fitness cycle. The goal is to burn as many calories as possible during the 12-minute test.

(Photo by Art Frith/The Bluejacket)



"Seahawks" bring smiles, caps to kids at St. Jude Children's Research Hospital

BY LT. JAMES STOCKMAN
NAVY OFFICE OF COMMUNITY OUTREACH

Five members of Carrier Airborne Early Warning Squadron (VAW) 126 "Seahawks" shared smiles and stories with young patients during a "Caps for Kids" visit at St. Jude Children's Research Hospital on Jan. 24.

The program, originally launched by the former Navy Office of Information Southwest in 1999, boosts the morale and spirits of children in hospitals by presenting them with Navy ball caps and other memorabilia. "'Caps for Kids' provides an outstanding opportunity to spread Navy goodwill and bring some happiness to patients," said Lt. j.g. Dan Mitzner, a VAW-126 naval flight officer.

VAW-126 first became aware of "Caps for Kids" through the Navy Office of Community Outreach's (NAVCO) annual request letter that is sent to every com-

manding officer in the Fleet seeking support of the program. St. Jude had a special meaning to the squadron because one of their department head's daughters was diagnosed with cancer and began treatment at St. Jude last fall. "These children at St. Jude are not simply patients, but often times are friends, daughters and loved ones of those with whom we serve in the U.S. Navy," said Mitzner.

The "Seahawks" were eagerly greeted by children wanting to hear first-hand about the Navy and to accept VAW-126 caps and "Honorary Sailor" certificates. "We were greatly impressed by the strength of the children and their families," said Cmdr. James Landas, VAW-126 executive officer. "The accommodations, programs and staff members at St. Jude were truly amazing."

The hospital staff said they were honored to work with the Navy on the "Caps for Kids" program. "The 'Caps for Kids' pro-



Sailors from Carrier Airborne Early Warning Squadron One Two Six (VAW-126) the "Seahawks" from Norfolk, Va. participate in a "Caps for Kids" visit to St. Jude Hospital. The iCaps for Kids is a community relations program coordinated through the Navy Office of Community Outreach. NAVCO receives donations from the Fleet to distribute to young patients around the country.

(Photo by MC2 Lewis S. Hunsaker)

See Seahawks, 4

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OOOPS!

By DEREK NELSON, NAVAL SAFETY CENTER

Welcome to the latest edition of the OOOPS! And, only a moth late, our annual New Year's resolution issue in which we confirm that, although we may not have learned every possible lesson perfectly, there are a few that we have learned real well. Please join with me in the following declarations.

A. I will not slam my face into an antenna platform while trying to get away from a bee.

B. I will not use a bucket as a ladder.

C. I will not stick my hand into the ball return gizmo at a bowling alley while it is still running, even if it seems broken or stuck.

D. I will not ride an ATV while wearing sandals.

E. I will not use an awl as a scraper or a rifle-cleaning q-tip to clean my ears.

F. I will not test the CO2 level in a BB pistol by aiming it at my hand while I'm driving down the road.

G. I will not get into sparring contests with bulkheads.

H. I will not assemble my new portable heater upside down so that the oil drains off the heating coil and then wonder why it smells weird and doesn't work.

I. I will not use a plastic, one-gallon milk jug as a butt kit aboard an oiler, especially not an oiler that has 4 million gallons of marine fuel and 3 million gallons of JP-5 sloshing around in its tanks.

J. I will not drive down an interstate highway with the hood of my car wrapped back up over the windshield and my kid in a car seat in the back or with no kid in the car.

K. I will not use a cockpit as a napkin as a navigational map.

L. I will not drown ants with isopropyl alcohol and then try to light off the puddle after spilling some of the alcohol on my pant leg.

M. I will not go out into my yard in the middle of a storm, while it is raining and pitch dark, with official visibility of ten feet, and winds between 70 and 110 knots, to check for damage.

N. I will not leave the gas running on a propane grill while I go look for a match.

O. I will not imagine that the words "party" and "celebrate" are code for doing something stupid.

P. And finally, I will not try to "inert" eight unexpended rounds of 20mm ammo with a cordless drill.

Excellent, thanks for taking part in this valuable ritual. Please take a few minutes to do the PMS on your Risk-O-Matic and make sure the Wreckter Scale upgrade is installed. If you were one of the chosen few who unwittingly (and we mean that literally) made it into a mishap report and thence into this message, thank you for serving as such a good example of a bad example. And if you got through the last twelve months without acquiring any new scars, please log one kudo in your permanent record. See you next year, when we again start with a clean slate and high hopes.



New Years Goals



FORCM
HAKIM DIAZ

New year's resolutions date back as far as new year's celebrations, which were first celebrated 2000 years B.C. The ancient Romans are credited with the first recorded resolutions around 180 years BC, unfortunately the first recorded broken resolution came around 179 BC and it was all downhill (particularly for the Roman Empire) since then.

With the calendar turning to a new year, it is very tempting to write out a laundry list of things you wish to do better in the new year: lose weight, exercise more, work on a degree, spend more time with family and friends, save money, qualify ESWS, etc.

These are all laudable

goals, and more importantly, they are achievable goals if you go about them realistically. And for sailors, there are resources in your ship and on the base that make any New Year's resolution achievable.

From gyms, to financial counselors to Navy Campus, the ship and the base have most of the tools you need to achieve any goal you might set for yourself.

My best advice to anyone would be to make plans to improve your life a year-round effort. The beginning of a new year is the great time to look down the road and see what improvements in your life you would like to make. However, I would challenge you to make this more than a 2007 thing, but rather to assess where you think you would like to be in several years and set the wheels into motion to make that happen.

Does this require the setting of long-term and short-term goals? Most certainly. But what it may require is a change in your attitudes to ensure that you reach your goals. A short-term goal of losing 10 pounds can get you towards a long-term goal of being healthier, but you will need the discipline and desire to make that happen far more than you need a short-term goal to lose a certain

amount of weight in a certain amount of time. If you don't lose that 10 pounds as quickly or as easily as you would like, do you have the discipline to see it through, or is it back to your old habits?

Once you have set the future goal, the next step is drafting a roadmap or plan to get there. I have found that this is where a strong mentor has been most valuable. When I have succeeded in sticking to a plan, it was usually because my mentor had helped me draft a realistic, flexible, achievable plan. To paraphrase an old quote, it is definitely foolhardy to do the same things and expect new results. So if what you have done in the past has not produced the desired results, what are you willing to do to achieve success this time?

I would encourage you to stick with whatever path you have just started, realizing that the New Year's resolution is nothing but a starting point. The path to success is actually hundreds of tiny steps that you will take to throughout the year. Hopefully by this time next year you won't need any new year's resolution, because you will have embarked on a lifelong plan to improve and maintain success in all areas of your life.

All good things...



Shelly Kilgore NSA Mid-South Ombudsman

As it has long been said, all good things must come to an end. I want to take this opportunity to thank you all for allowing me to serve as your Ombudsman. Even though it has been just under a year and a half, it has been very rewarding for me and I will always remember the experience. Saying goodbye is never easy and it is even harder leaving such a great team as the one here at NSA Mid-South. I wish everyone here the best of luck and want to thank you again for the chance to work with this great NSA family.

CALENDAR OF EVENTS

National Prayer Luncheon - Ms. My Harrison, special agent in charge of the FBI Memphis division, is the guest speaker for the National Prayer Luncheon Feb. 1 at 11 a.m. at the Helmsman Club Ballroom. Cost for the lunch is \$7.50 at the door.

Give the Gift of Life - Life Blood will hold a community blood drive at the Navy Federal Credit Union office, located at 5600 Navy Road, Millington, Feb. 2 from 10 a.m.-4 p.m.

Memphis Symphony Bids Farewell to Vincent Danner - Pianist Horacio Guti rrez joins the Memphis Symphony Orchestra to help the orchestra bid farewell to associate conductor Vincent Danner in "Pines of Rome" on Feb. 10 at 8 p.m. and Feb. 11 at 2:30 p.m. The concerts will be at the Cannon Center for the Performing Arts on Saturday and at the Germantown Performing Arts Centre on Sunday.

Blue Man Group performs at the Desoto Civic Center on Mar. 16 at 8 p.m. Tickets are now on sale through Ticketmaster.

RECONATKRON Twelve "Speartips" (1965-1979) - RA5C Vigilante Squadron is hosting a "2007 RVAH Navy Squadron Reunion" in Key West Fla., June 8-10. Location for the event will be the "Southernmost Hotel on Duval", 1319 Duval St. in Key West. All personnel who served with a RVAH squadron are invited and encouraged to attend. Contact Alvis Didway (336) 209-2905 or email adidway@rvah12.com for more information.

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Chaplain's Corner

How to pray!

By Chaplain Rob Beede

What is the best way to pray? This is a good question and deserves an answer! Let me answer it through this story:

A visitor to the Copenhagen Cathedral saw the statue *Kristus* by Thornwaldsen. A friend told him the story of the famous statue. When the artist had finished molding the plastic clay into the majestic *Kristus*, he left it and went home. That night a dense fog and mist rolled in and when Thornwaldsen returned the next day, he thought his masterpiece was ruined. The hands that had been held aloft to bless were now stretched out invitingly. His head was now bowed low and looking down. But as he gazed, he realized that he had to crouch down to see the Jesus' face. It was then that he saw a new *Kristus* different from before. Now it is said that if you want to see Christ's face, you must get on your knees!

Kneeling is a great way to meet with God. Kneeling reminds us that he is God and we are not. Kneeling reminds us to be humble before God and to know that he is to be respected as lord and king. Praying on our knees helps us to pause and to remember that there is a Great God in control of us and all our circumstances. Someone said, "It's impossible to lose your footing on your knees."

26-year-old Cindy Hartman found the power of praying on her knees when an armed robber ripped the phone cord out of the wall of her house. She knew she needed help, so she dropped to her knees and began to pray. She said it worked better than calling 911!

Cindy and her husband Kevin had just come home to find their furniture gone, and a man pointing a gun at them. When she went to her knees in prayer, the robber dropped to his knees too and apologized. He got up and ran to the van and said, "This is a Christian home and a Christian family. We can't do this to them." They brought the furniture back inside, and he set down his gun and left. Cindy remarked, "He's never been caught. But I think God caught him!"

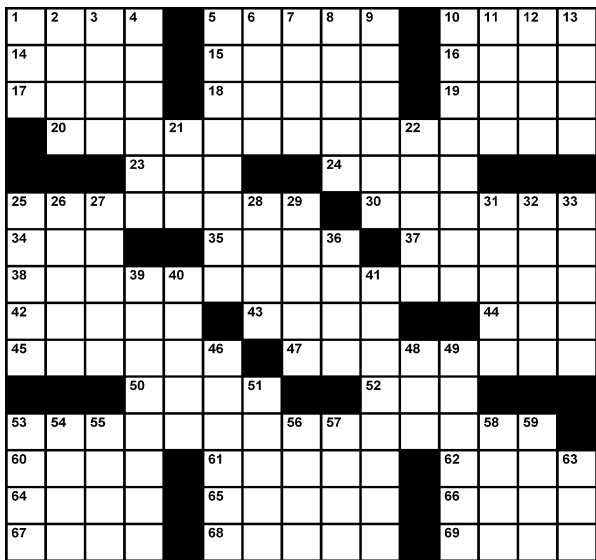
Try praying on your knees - it's a great way to find "standing" with God!

Crossword

- across
- 1 Skull and crossbones holder
 - 5 Fearful feeling
 - 10 Valentine's Day visitor
 - 14 Saddle irritation
 - 15 Bloodsucker
 - 16 Hacienda unit
 - 17 Let the cat out of the bag
 - 18 Caruso, among others
 - 19 Indy path
 - 20 Hotel hiree
 - 23 Junkyard dog
 - 24 Cock-and-bull story
 - 25 Transitory things
 - 30 Plaid pattern
 - 34 Certain numero
 - 35 Horn in on?

- down
- 1 Certain descriptive aircraft letters
 - 2 Milne creation
 - 3 Woody's son
 - 4 Cut down
 - 5 Mr. Hyde, e.g.
 - 6 Requirement
 - 7 Hereditary factor
 - 8 "Vanhoe" author

- volcano
- 39 Helpful folks
 - 40 Designated PG-13, e.g.
 - 41 Nature lovers, e.g. (Var.)
 - 46 Off-mike comments
 - 48 Essex or Duesenberg, memorably
 - 49 Psalm-singer's text
 - 51 Sign of boredom
 - 53 Chowderhead
 - 54 Take apart
 - 55 Italian desserts
 - 56 Flyswatter's target
 - 57 Door sign
 - 58 "State Fair" state
 - 59 Yoked sight
 - 63 Caustic application



CROSSWORD PUZZLE ANSWERS





As five-year old Kiley strokes her back, Reza looks into the eyes of Amy Carrigan as if to say “Thank you.” After receiving her discharge physical, this 11-year old former military working dog was adopted by MMC Ed Carrigan and his family.

(Photo By Art Frish The Bluejacket)

Reza

CONTINUED FROM 1

it wasn't a euthanasia order as had been rumored around the base.”

It was this supposed execution rumor circulating in e-mails that resulted in a significant increase in interest in adopting Reza. While adoption is one of the options for a retiring MWD, adopting isn't as easy as you would find down at the local animal shelter. After all, those pound puppies haven't been through the unique and intense training MWDs go through.

However, federal law does allow for it. Signed by President Bill Clinton in November 2000, Public Law 106-446 allows for military working dogs that are no longer capable of performing their military duties to be available for adoption by other law enforcement agencies, former handlers of these types of dogs, and other persons capable of caring for these dogs. Though this law allows more people to adopt, the law does limit adoptions to those who understand the responsibility of owning and humanely caring for these dogs.

Base Security did receive a number of visitors in recent weeks who expressed an interest in adopting this magnificent dog, but each prospective adopter had to be evaluated. Hill said, “Each applicant was screened. We also had to ensure that they understood the attack capabilities of a MWD and the potential costs associated with keeping up the standards of care to keep Reza healthy and happy.” These costs associated with taking care of a former MWD will quite often be enough to change the mind of even the most avid dog lover. Public Law 106-446 also requires all adopters of MWD to sign an agreement that absolves the Department of Defense and the government of any liability for damage or injury the dog may cause and for any veterinary costs the adopter may incur. This, too, can cause potential adopters to change their mind about the idea of taking a former MWD into their home.

There is a happy ending to this story for this noble animal. Reza has a loving home to spend her retirement years thanks to the compassion of a Navy family. MMC Edward Carrigan and his wife, Amy, adopted Reza into their family after she was released from active duty following her discharge physical last week. “We had been throwing the

idea around for quite a while that we should get a second dog for Max, our 11-month old German shepherd pup so he could have a friend,” said Carrigan, a machinist mate detailer assigned to the Navy Personnel Command. “Then we heard about Reza being available for adoption from an email that was circulated at work. The email said that Reza would be euthanized if no one adopted her. With that, and Reza being a Katrina evacuee, I talked to Amy and we decided that we should adopt her.”

They took her home on Jan. 22, and Carrigan said Reza has taken a real liking to her retirement home. “Reza is a great dog,” he said. “She is as well trained and disciplined as you would expect a military working dog to be, but she is also very friendly and gentle.” Reza is enjoying the retired life. She now lives indoors and has my three girls - Devin, Ellyse and Kiley - to keep her company and spoil her.”

In her retirement, Reza has found a second career, that of a faithful companion to her new family in Atoka and Max, who she will most likely take under her paw and tell him tales of “when I was in the Navy,” mentoring him the remaining years of her life.

Seahawks

CONTINUED FROM 1

gram minimizes the stress and anxiety that many kids have when they stay in the hospital,” said

Lyndi Thompson, St. Jude child life specialist. “We are grateful to the Navy for their involvement in this program and St. Jude.” VAW-126 is already looking forward to their next “Caps for Kids” visit. “We were absolutely amazed by

St. Jude and the kids,” remarked Landas. “We would very much like to do another visit to St. Jude and Norfolk area hospitals in the near future.”

VAW-126 is one of six Carrier Airborne Early Warning

Squadrons based in Norfolk. Equipped with four E-2C “Hawkeye” aircraft, the squadron's primary mission is long range airborne early warning

in defense of the Carrier Strike Group.

NAVCO now coordinates the “Caps for Kids” program, encouraging Navy commands to visit

interested hospitals in their area and donate ball caps, coins, patches, t-shirts and other items with their command's emblem to sick children.

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Groundhog Day traditions inspired by old German belief, ancient festival

By MCC TERESA J. FRITH

"If Candlemas be fair and bright, winter has another flight. If Candlemas brings clouds and rain, winter will not come again."

So goes a rhyme from an old festival called Candlemas, which was celebrated by several European countries as the day halfway between the winter solstice and the spring equinox. It was also acknowledged on the Christian calendar as being 40 days from the birth of Christ, and the day churches would bless their supply of candles for the year.

How does this relate to a groundhog in Punxsutawney, Penn., popping his head out of his burrow every Feb. 2 to check the weather? Feb. 2 is 40 days from Christmas, tying it in with the Christian version of Candlemas, and meets the other criteria because it marks about the halfway point for the winter season.

What about the shadow part? It was believed that if Candlemas were sunny, the next six weeks of winter would be harsh, while if it rained or snowed, the rest of the winter would be mild. An animal can see its shadow if

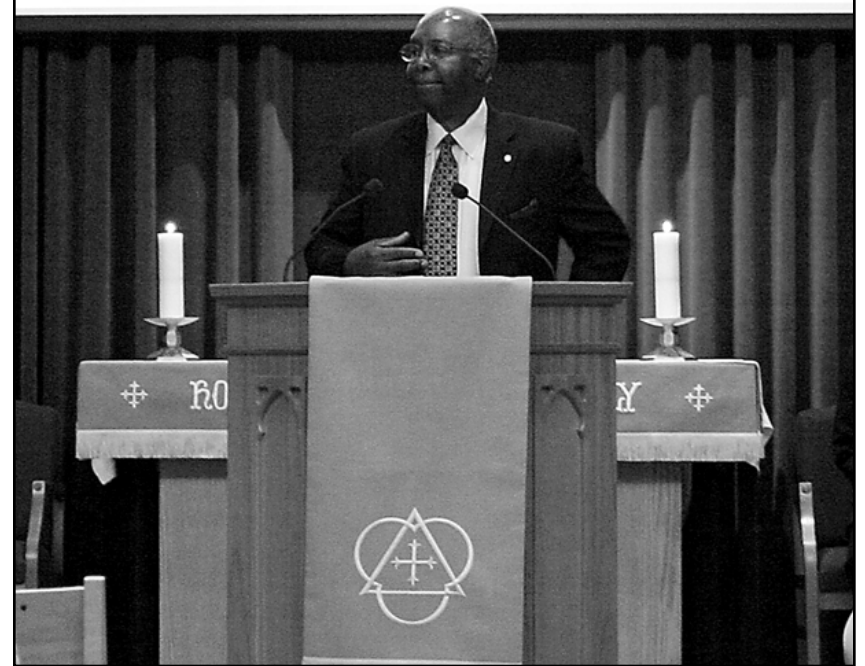
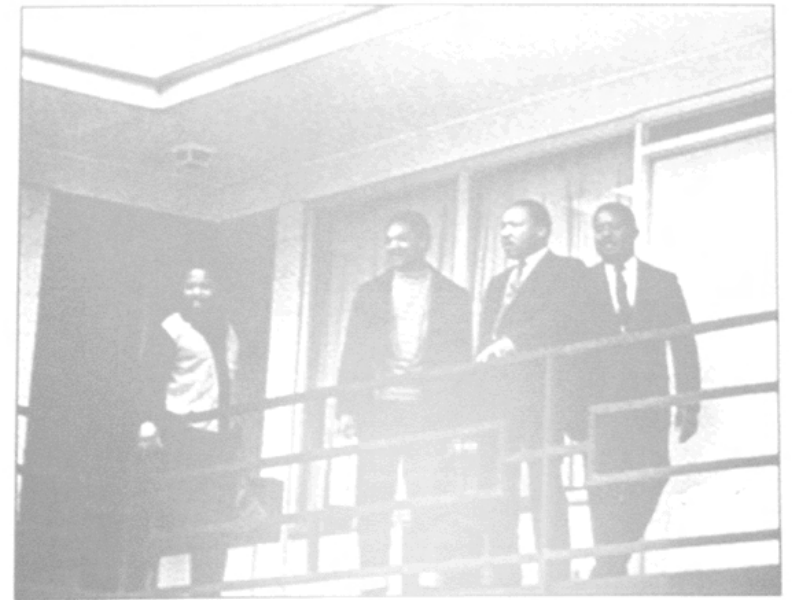
it is sunny, thus predicting more wintry weather, while a shadow can't be seen if it is gloomy, so predicts an early spring and an end to bad weather.

But why a groundhog? German immigrants had an old tradition that hibernating creatures were able to predict the arrival of springtime with their emergence from their dens. Originally, they regarded the badger as their predictor, but shifted their loyalty to the groundhog after they came to America. Other animals that have held the honor of weather predictor are bears and hedgehogs.

The first official Groundhog Day was celebrated on Feb. 2, 1886, with a proclamation in the Punxsutawney newspaper stating, "Today is Groundhog Day and up to the time of going to press, the beast has not seen its shadow." The groundhog was given the name of "Punxsutawney Phil, Seer of Seers, Sage of Sages, Prognosticator of Prognosticators, and Weather Prophet Extraordinary."

Ever since then, a groundhog has held the honor of carrying on that name and being the predictor of winter's fate. Punxsutawney Phil has seen his shadow 94 percent of the time, only failing to see it 14 times since 1886. His prediction is announced every year all over the world by radio, television, newspapers, and now the Internet.

Remembering MLK



Elvernice iSonnyf Davis gives a speech as the guest speaker at the Martin Luther King Jr. Remembrance Ceremony held at the base Chapel last Friday. Davis' lecture was complimented with images of King Jr. and others as seen on the background.

(Photo by MCSN Melissa Russell/The Bluejacket)

Corps of Engineers Logistics Center open at NSA Mid-South

Millington welcomed its newest military organization with the arrival of the U.S. Army Corps of Engineers Logistics Activity Center following a ceremony Tuesday morning at the Pat Thompson Center.

Strategic Sourcing Program Office chief G. Ray Navidi, who oversees and directs the planning, studies, decision and implementation of the Corps' competitive sourcing program from Washington, D.C., was the key-note speaker.

The new organization will be more efficient and effective through newly developed uniform logistics business processes, consolidation of some work such as property book functions, and providing a common level of logistics service to its customers.

These improvements have been necessary for some time, but the Department of Defense authority and permission to form a corps high performing organization with a USACE logistics activity as its centerpiece provided a unique opportunity to make these changes now.

"U.S. Army Corps of Engineers Logistics is pleased to have had the opportunity to develop its new HPO organization to be more flexible, responsive and cost effective to its cus-

tomers," said Larry Robinson, deputy director of logistics for the U.S. Army Corps of Engineers. "We are excited to be able to open our Logistics Activity Center in Millington, and see it develop into the world-class provider of logistics products and services."

Navidi was selected to oversee the Logistics High Performance Organization (HPO), which came into existence on Sept. 17, following a year and a half of development. During that time, leaders redesigned business processes, consolidated, combined and centralized the way the Corps of Engineers does logistics.

Raymond F. Urena will serve as the director of the Logistics Activity Center. The target employment level at the center is 121 positions, although the

transition plan calls for a deliberate build-up to that level in Millington over the next several years.

The center work will include supply, transportation, travel, maintenance, facilities, and logistics emergency planning and response capabilities to support corps' customer locations worldwide. It will also manage the work of approximately 270 logistics delivery point personnel at customer sites.

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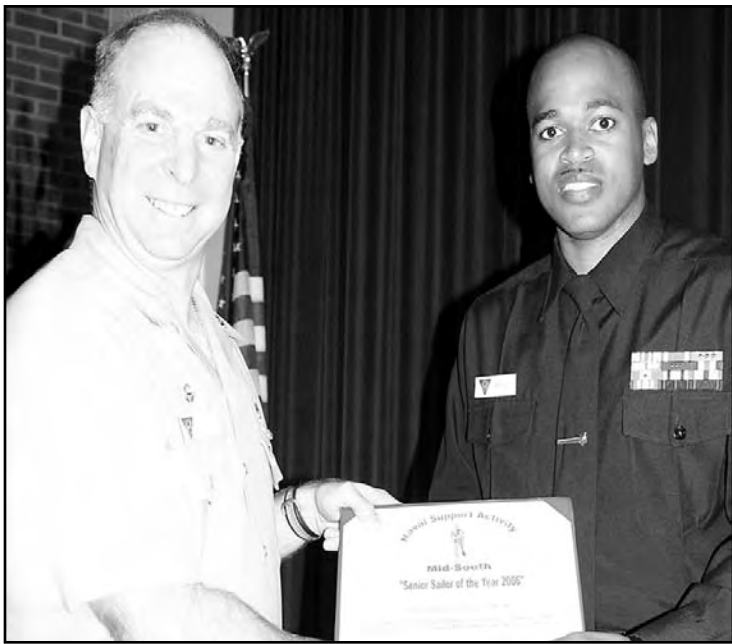
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Suburban Community Newspapers:

The Shelby Sun Times, The Bartlett Express, The Millington Star, The Southern Sentinel, The Fayette County Review, The Collierville Independent, The Southaven Press, The Cordova Beacon, The East Shelby Review, The Navy Bluejacket, and The Southern Advocate

SAILORS OF THE YEAR



RPI (FMF) Michael Music accepts the award for Naval Support Activity Mid-South's Senior Sailor of the Year 2006 from Capt. Matt Straughan. The award also included a four-day liberty pass. (Photo by MCSN Melissa Russell)



Capt. Matt Straughan presents RP2 Edmond Garrett (FMF) with Naval Support Activity Mid-South's Junior Sailor of the Year award for outstanding service in 2006. Along with his award, Garrett earned a four-day liberty pass. (Photo by MCSN Melissa Russell)



Retired Military

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872-8703



Friday Night
Seafood Buffet

Sunday Brunch
11-2



Caliber

ULTRA 26-18
DOG FOOD



RALEIGH FEED STORE

4284 Fayette Road

386-0923

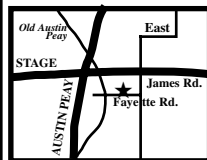
\$1.00 off all

Caliber or **TOPS**

Dog Food

50 lb. bag

Offer good through Feb. 15, 2007



Hair & Body Works

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depicting
activities
cadets
may be
involved in
to
Kenneth
Heyward
during the
annual
Tennessee
BB-43
Division
Recruit
Day, Jan.
27.

(Photo by
MCSN
Melissa Russell)



Children's Dental Health Month

COURTESY OF THE MEMPHIS AND SHELBY COUNTY HEALTH DEPARTMENT

Feb. has been designated as National Children's Dental Health Month by the Memphis and Shelby County Health Department and the American Dental Association.

The focus of the observance is on providing oral health education to all children despite their economic status. The Health Department's School Based Dental Prevention Program is participating in several outreach activities during the month of February. The purpose of these events is to teach children and their parents about the importance of oral hygiene to overall health.

Free on-site dental screenings and cleanings for children age 2 to 21 will be provided on Feb. 19, Cawthon Dental Clinic, 1000 Haynes Street, across from Melrose High School from 10 a.m. to 3 p.m. No appointment is necessary. Children will be

seen on a first-come, first-served basis.

Staff will give educational presentations and incentives (goody bags) for children at the following times and locations. Incentives include toothbrushes, toothpaste, dental floss, stickers and sugarless gum and candy. No screenings or cleanings will be done at these locations:

* Feb. 6, 3 to 5 p.m.

Hollywood Library

1530 N. Hollywood

* Feb. 7, 10:30 to 11:30 a.m.

Parkway Village Library

4655 Knight Arnold Road

* Feb. 8, 10 a.m. to 3 p.m.

Lebonheur Hospital

50 N. Dunlap

* Feb. 13, 3:30 to 5:30 p.m.

Whitehaven Library

4120 Mill Branch Road

* Feb. 14, 3 to 5 p.m.

Frayser Library

3712 Argonne

* Feb. 15, 3 to 5 p.m.

Randolph Library

3752 Givens

* Feb. 19, 10 a.m. to 3 p.m.

Southland Mall

1215 Southland Mall, South Entrance

* Feb. 19, from 10 a.m. to 3 p.m.

Memphis and Shelby County

Health Department Lobby

814 Jefferson Avenue

* Feb. 21, 3 to 5 p.m.

Crenshaw Library

531 Vance Avenue

* Feb. 21, from 11 a.m. to 1 p.m.

Children's Museum of

Memphis

Hollywood and Central

* Feb. 21, 3 to 5 p.m.

Cherokee Library

3300 Sharpe

The Memphis and Shelby County Health Department's School-Based Dental Prevention Program is a statewide, year-round dental prevention program funded by TennCare and administered by the Department of Oral Health Services. Preventive services include, but are not limited to screenings, referrals for care, immediate need follow-ups, oral health education, oral evaluations, and dental sealants are provided to children in grades K-8 in various schools. Every city and county school with 50 percent

free and reduced lunch populations is targeted for these services and all children who attend those schools are eligible for the program. Contact your child's school to find out if it participates in this dental program.

For more information about the School-Based Dental Prevention Program, or the Children's Dental Health Month activities, please call 544-8801, Monday - Friday, between the hours of 8 a.m. and 4:30 p.m.

Millington Oaks

4945 Navy Road

✓ **US OUT!**

872-4604

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PIZZA

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872-6383

SUPER SPECIALS!

Large Pizza

6⁹⁹ Single
Topping

No Limit

Not good for BBQ Pizza
or with any other discount

Expires 2-8-07

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PIZZA

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**Spicy
Chicken
Wings**
50¢ each

Minimum 10
No Limit

Not good with any other
discount

Expires 2-8-07

MAZZIO'S
PIZZA

4734 Navy Rd.
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Don't get Stuck in the Dark

If you're looking for a new career in the fast-paced, upbeat world of advertising sales, Suburban Community Newspapers Group is looking for you ...

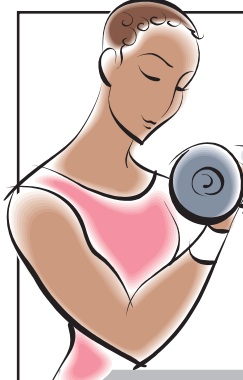
Suburban Community Newspapers is a 12-publication group with immediate openings for energetic salespeople. If you are motivated, a self-starter and a real go-getter, this job is for you.

No experience required and unlimited earning potential.

Send cover letter and resume to:
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Suburban Community Newspapers
1085 Halle Park Cir., Ste. 103
Collierville, TN 38017
or
email: printitbjh@theindependent1.net
www.millingtonstar.com
EOE



Morale, Welfare and Recreation



JoeDugger


FITNESS • AND • WELLNESS • CENTER
building S-499 Navy Mid-South (901) 874-5497

Monday - Thursday 5 a.m.-9 p.m.
Friday 5 a.m.-7 p.m. Saturday 9 a.m. - 3 p.m.
Sunday and holidays 1.-5 p.m.

Group Fitness Classes

| Mon. | Tues. | Wed. | Thurs. | Fri. | Sat. |
|---|--|---|--|--|---|
| Early risers | | | | | |
| 6-6:45 a.m. Cycle Denise | 5:30-6:30 a.m. Step & Sculpt Angela | 6-6:45 a.m. Cycle Denise | 5:30-6:30 a.m. Step & Sculpt Angela | 6-6:45 a.m. Cycle Denise | |
| 6:45-8 a.m. Open Room FEP | 6:30-7 a.m. Circuit Strength Angela | 6:45-8 a.m. Open Room FEP | 6:30-7 a.m. Circuit Strength Angela | 6:45-8:30 a.m. Open Room FEP | |
| 8-9 a.m. (K) KidFIT Melinda | 7-7:45 a.m. Open Room Denise | 8-9 a.m. (K) KidFIT Melinda | 7-8:30 a.m. Open Room FEP | 8-9 a.m. (K) KidFIT Melinda | |
| Morning brunch | | | | | |
| 9-9:45 a.m. P.A.C.E. Gail | 9-9:45 a.m. P.A.C.E. Gail | 9-9:45 a.m. P.A.C.E. Gail | 9-9:45 a.m. P.A.C.E. Gail | | 10-10:45 a.m. * Cycle Angela |
| Lunch Crunch | | | | | |
| 11:30 a.m.-12:30 Total Body Challenge Angela | 11-11:45 a.m. Cycle Denise | 11:30 a.m.-12:30 Total Body Challenge Angela | 11-11:45 a.m. Cycle Denise | 11:30 a.m.-12:30 Pilates Jennifer | |
| | 11:50 a.m.-12:20 Tone-A-Ball Denise | | 11:50 a.m.-12:20 Tone-A-Ball Denise | | |
| Rush Hour | | | | | |
| 4:30-5:30 p.m. Step Eunice | | 4:30-5:30 p.m. Step Eunice | | 4:30-5:30 p.m. Step Eunice | |
| 5:45-6:30 p.m. (F) NuDance Imelda | | 5:45-6:30 p.m. (F) NuDance Imelda | | 5:45-6:30 p.m. (F) NuDance Imelda | |
| 6:30-7:30 p.m. (F) Zumba Imelda | 6:30-8 p.m. Belly Dancing Brenda | 6:30-7:30 p.m. (F) Zumba Imelda | | 6:30-7:30 p.m. (F) Zumba Imelda | |

(F) means fee based class. (K) means kid's class! Ages 2-4
*** Cycle and Abs every 1st and 3rd Saturday.**



MWR Frame Shop

Inventory Sale

Friday, Feb. 2 and Saturday Feb. 3
10 a.m. - 2 p.m.
at the Navy Mid-South Conference Center!

Prints on sale at cost or below!
Over 500 prints to be sold featuring noted artists such as: Louise Dunavant, Paula Vaughn, Harold Stratton, Pamela Shows, Joyce Girgenti.

Framed art on sale for 50% (or less) regular prices!
Over 25 pieces of framed art on sale including: "Daddy's Girl" by Paula Vaughn, "Sunflower Landing" by Harold Stratton, "To Have and to Hold" by Paula Vaughn, "The Memphis Legend Lives On" by Joyce Girgenti.

Over 240 pieces of mat board (assorted colors) on sale!

Event open to public. Dealers welcome. Cash or credit accepted. Checks accepted with a valid MWR Check Cashing Card.

Sale terms. All mat, prints and framed art sold "as is." All sales final. No returns. No alteration of sale items prior to sale of item. After sale is made the MWR Frame shop personnel will be available for estimates to frame prints or redo framed art. All items must be removed from area at the time of purchase unless they are left with the MWR Frame Shop. Once purchase is made it is the buyers responsibility to secure their purchase. Call Wayne Kidd at 508-1930 or Gina Parsons at 508-1988 for more information or inventory list.



Wow! What a deal!

Employment opportunities with NSA MWR

BULLETIN NO: 02-07
TITLE: Cook
POSTING DATE: 16 Jan 07
CLOSING DATE: Open Until Filled
SALARY: \$10.30 - \$12.05
CATEGORY: Flexible
GRADE AND JOB NUMBER: NA-7404-05
DEPARTMENT: Helmsman Club
HOURS: Days, Nights and Weekends
AREA OF CONSIDERATION: Open

Morale, Welfare And Recreation
Human Resources Department
Naval Support Activity Mid-south
5722 Integrity Drive, S-455
Millington, Tennessee
38054-5045 (901) 874-5052

MAJOR DUTIES AND RESPONSIBILITIES: The incumbent of this job assists in the preparation of a full range of quantity cooking such as adjusting recipes to fit the number of servings planned. Assists in the routine maintenance of refrigeration, grills and equipment by removing lint and dust from filters, degreasing cooking surfaces, and keeping working areas in clean condition to meet sanitation requirements. Assists in directing the work of lower grade employees such as food service workers.

Knowledge, Skills, and Abilities: Work is performed indoors involving moderate physical exertion. Frequently works in a standing position and handles light and medium weight objects, ranging from 10 to 40 pounds. Works in areas that have adequate light, heat and fresh air. Incumbent must be customer service oriented and be capable of obtaining a health card.

NOTE: "The Department of the Navy is an Equal Employment Opportunity Employer. All qualified candidates will receive consideration without regard to race, color, religion, sex, national origin, age, disability, marital status, political affiliation, sexual orientation or any other non-merit factors." NOTE: Navy Exchange and MWR associates/employees must enroll in direct deposit upon being selected for this position.

Youth Center and Teen Center happenings

WHAT'S HAPPENING

@ your Navy Youth Center and Teen Center?

Here is an overview of our ongoing programs and events. Please stop by or call for further information.

Navy Youth Center
Bldg. 936 901-874-5155

Navy Teen Center
Bldg. S-770 901-874-5594

Visit www.nsmidsouth.navy.mil for MWR info, the required YC and TC paperwork.

Dance Classes

Ballet, Jazz & Tap
NSA Mid-South Conference Center N-767

| AGE GROUP | CLASS TIME |
|------------|-------------|
| 2-4 years | 9-10 am |
| 4-5 years | 10-11 am |
| 6-8 years | 12-1 pm |
| 8-12 years | 11 am-12 pm |
| 12 & older | 8-9 am |

First class is FREE!

Call the YC for class info & for multi-child discount rates!

Instructor: Peggy Holden Armstrong
Has over 30 years experience in dance instruction.

Youth Center 901-874-5155

KARATE

SHORIN-RYU
MONDAY AND TUESDAY
5:30-7 pm YC Bldg. 936

Navy Youth Center
Bldg. 936 901-874-5155

FAMILY SKATE NIGHT

Saturdays 7-10 pm
Hosted at the N-82 Gymnasium by your Navy Youth Center

Skaters of all ages are invited to join us at the Gym each Saturday for a night of family fun. Admission of \$3 includes skate rental. Parents accompanying their children skate Free.

Great location for birthday parties and end of the season team parties!

Separate areas for beginners, parties & teens (6th-12th)! Youth Center 901-874-5155

NAVY TEEN CENTER

Available at TC:
• large screen TV
• PS 2 & X Box
• computers
• trips & events
• friends

Transportation provided to the Teen Center from Millington Middle & Millington High to the Teen Center for north side housing & off-base MWR eligible residents each afternoon.

First visit is FREE!

Hours: 2:15-6 pm Monday-Thursday
2:15-9 pm Friday & 4-9 pm Saturday
Monthly pass is \$5

Two staff members at all times!
Navy Teen Center 901-874-5494 Bldg. S-770

FAMILY RECREATION NIGHT

YOUTH CENTER BLDG. 936

Challenge the kids to a board game or enjoy a movie together!

Available at YC:
• relaxed atmosphere
• movies on a big screen TV
• foosball and games
• family friendly concessions

Monday and Wednesday 5:30-7:30 p.m.
Enjoy a FREE night out together as a family!
Navy Youth Center 901-874-5155

Navy Youth Center

Before and After School Program

Choose only what your schedule requires
Before, After or both sessions
Weekly Fee based on family income
transportation provided by Shelby County or the Youth Center
Join us for USDA Snacks
Homework Power Hour, group games, fun and more!

Opens @ 6:30 a.m.
Closes @ 5:45 p.m.

901-874-5155 Bldg. 936

SUPER SUPER BOWL BASH AND TAILGATE PARTY!



Sunday February 4
There will be games - prizes - food and of course fun, fun, fun!

Game will be shown on all of our TV's and in the theater!

Come early and sign up to participate in our Pre-game Madden Football 7 video game tournament or Flag footgame game. Patrons must be 18 and older to participate. We're opening at 11 a.m. and will stay open until game is over. For more information contact Liberty Program Coordinator (901) 874-5650.

11 a.m. - Tailgate and prediction games begin (Hamburgers, hotdogs and chips.)
12 p.m. - Madden 7 tournament
12 p.m. - Hamster balls until game time
1 p.m. - Flag football begins (weather permitting.)

Ellison Recreation Center Bldg. S-499

Upcoming Kid's Night Out

\$5 non-refundable deposit required of all KNO participants to be placed on the list.

| Who* | Where | When | Reg. | How much / includes |
|-----------|---|----------------------------------|------|--|
| 1st - 5th | Trip: Movie (PG) <i>Bridge to Terabithia</i> | Friday, Feb. 23 6-11 p.m. | 2/19 | \$10 - Movie ticket, transportation to/from movie, Supervision, ride home (locally, upon request) |
| K - 5th | Youth Center | Friday, March. 9 6-11 p.m. | 2/26 | \$10 - Fun, games and supervision |
| 1st - 5th | Trip: Movie (PG) <i>The Last Mimzy</i> | Friday, March. 23 6-11 p.m. | 3/19 | \$10 - Movie ticket, transportation to/from movie, Supervision, ride home (locally, upon request) |
| K - 5th | Youth Center | Friday, April 13 5:30-11 p.m. | 4/2 | \$10 - Pizza, lemonade, fun, games and supervision <i>Discount available for Month of the Military Child!</i> |
| 1st - 5th | Trip to see Redbirds vs. Cubs** | Friday, April 27 6-11 p.m. | 4/23 | \$10 - Game ticket, transportation to/from game, Supervision, ride home (locally, upon request) |

** True baseball lovers only!! No first timers please!!



Eagle's Peak Grille

Glen Eagle Golf Course NSA Mid-South Millington, TN

| Breakfast | | Lunch | |
|--|--------|--|--------|
| Egg sandwich with choice of meat | \$2.50 | Hot Dog | \$2.00 |
| Pancakes | \$3.50 | Hamburger | \$3.25 |
| French Toast | \$3.50 | Cheeseburger | \$3.50 |
| Sunrise Special 2 Eggs with Choice of Meat (Ham, Sausage or Bacon) Hash browns or Grits... Toast or Biscuit Coffee, Soda or Tea | \$3.75 | Chicken breast | \$3.50 |
| Good Morning Special Three Egg Omelet with choice of 2 filling (2 meats extra) American Cheese, Swiss Cheese, Pepper jack Cheese, Provolone Cheese, Green Pepper, Onion, Mushroom, Tomato, Ham, or Bacon, or Sausage... Hash browns, or Grits... Toast or Biscuit | \$4.25 | Chicken Philly | \$4.25 |
| Western Omelet Hash browns or Grits... Toast or Biscuit Coffee, Soda or Tea | \$5.50 | Beef Philly | \$4.25 |
| | | Club Sandwich | \$4.00 |
| | | | Combo |
| | | French Fries | \$1.00 |
| | | Onion Rings | \$1.50 |
| | | Combo includes French Fries and drink | |

Call 874-5415 for Daily Lunch Specials and get your order TO-GO!

All Breakfast choices come with your choice of sausage, bacon or ham.

Starts Feb. 2!

TEXAS HOLD 'EM POWER NIGHT

Every Friday Night
Glen Eagle Golf Course

Sign in begins at 5 p.m.
Session of play begins at 7 p.m.
(one session held each night)

\$5 entry fee includes food, non-alcoholic beverages and door prizes!

Event open to the public. However, you must be 18 years or older to participate.

Eagle's Peak Bar and Grille
Glen Eagle Golf Course Navy Mid-South
(901) 874-5168

Morale, Welfare and Recreation



Bldg. 1776 Navy Mid-South
(next to First South Credit Union on Intrepid Drive) 874-5440.
Open Monday - Friday 6:30 a.m. - 9:30 p.m.
Saturday and Sunday 11 a.m. - 7 p.m.

We're open Morning, Noon,
Nights and Weekends!
There's something
for everybody!
Stop in for Breakfast
lunch or dinner!

Specials

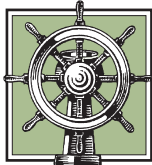
CHIPOLTE
BURGER

\$3.50
1/4 burger

Deluxe
Burger
Combo

\$5.50
combo meal

\$3.75
combo meal



at the
HELMSMAN COMPLEX
Bldg. S-760 Navy Mid-South....for information call 874-5132

Join us for lunch and more!
Lunch served 10:30 a.m.-1 p.m.
Monday - Friday
(See calendar below for daily buffet entree menu.)

February A-La-Carte Lunch Specials

- #1 New York Reuben \$ 5.25

and side salad
Generous portion of shaved corn beef with Swiss cheese, sauerkraut and Thousand Island Dressing on a crisp golden brown rye. Served with side salad.
- #3 Chicken Taco Salad \$ 5.10

A crisp flour taco shell filled with shredded lettuce, green onions, ripe olives, tomatoes, shredded cheese and topped with spicy chicken, sour cream and salsa.
- #3 Grilled cheese \$ 4.50

and cup of soup
- #4 Seafood Salad \$ 5.50

Chilled mixed greens topped with salad shrimp and crab meat, wedges of tomato and egg. Served with choice of dressing.



Call ahead and
get it "to go!"
874-5356



Special occasions
happen everyday!
Celebrate
with style!

Whether you need a tray of fancy hors d'oeuvres, an entree, a side dish, or a complete buffet, MWR Catering can help.
* Pick up a dish to take to a potluck!
* Order hot wings for a football party
* Treat your guests to a special dessert
* Wow the gang, bring a fancy snack tray
* Say thank you with an assortment of muffins and pastries
* Surprise a co-worker with a custom cake
* Plan a brunch for your bunch

Most "party tray" and "side dish" orders can be filled with a minimum of 24 hours notice. For more information or to place an order call (901) 874-5132.

Pre-Valentine's Day
Sunday Brunch!

Feb. 11, 11 a.m. - 1 p.m.
in Helmsman Complex

Menu includes
carved top round of beef au jus,
Tennessee pit smoked ham,
southern fried chicken,
whipped potatoes with gravy,
candied yams,
green beans, corn obrien,
eggs cooked to order,
sausage, bacon, grits,
French toast, biscuits, rolls,
soup and salad bar,
dessert bar,
coffee, tea, orange juice,
and champagne.

Adults \$8.95
Children age 5-10 half price
Children under 5 eat free

Valentine's Day Dinner
Wednesday, Feb. 14
5 - 8:30 p.m. Oaks Dining Room



Dinner Menu
Chateaubriand Al' Provencal for two
Char-broiled tenderloin of beef
sliced and topped with Maderia sauce
oven roasted potatoes
green peas with whole baby carrots
soup and salad bar
Chocolate Seduction cake
Served with glass Champagne
\$38 per couple



In honor of President's Day
• Special Bingo game
will be played Friday, Feb. 16
• Helmsman Complex
Closed Monday, Feb. 19

| February 2007 | | | | | | |
|---------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | | | |

6th Annual Glen Eagle Golf Course
MARDI GRAS PARTY
and Cajun Cook-off

Friday, Feb. 16
(The party starts at 5 p.m.)
Wear your hats, masks,
beads and boas!
GREAT FOOD, GAMES, PRIZES,
BEVERAGE SPECIALS, MUSIC and
"People's Choice" Cajun Cook-off!

Cajun Cook-off Challenge!
Do you make a "mean" gumbo or have a flair for Cajun cooking?
Whip up your favorite Cajun dish (3-5 quarts) and join the competition.
There's no fee to enter contest!!!! However, entrants must sign up to participate.
Call 874-5455 to sign up no later than Wednesday, Feb. 14.
Please note that this is a "Peoples Choice" contest and that means everyone who
attends the party will be allowed to sample entries and it will be their taste buds that
determine "Who's Cajun dish is the best. Deadline for Cook-Off entrants to have
their dishes in place is 5:30 p.m. NO EXCEPTIONS!
Awards will be presented to 1st, 2nd and 3rd place winners.

Event sponsors:
Millington Price Ford

Disclaimer: NAVSUPACT Mid-South sincerely thanks and appreciates the sponsors of this event, however, neither the Navy
nor any other part of the federal government officially endorses any companysponsor, or their products or services.

IN THE COMING WEEK!

FEB. 1 -10, 2007

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|---|--|--|
| <div><div>Enjoy a FREE picture show in our 36-seat movie theater. Popcorn and snacks available. All shows start at 7 p.m. unless otherwise specified. Ellison Recreation Center is open to active duty, retired, reserve military members, DoD employees and their family members. Patrons must be 18 years or older to attend.</div></div> | <div>4</div> <div><div>Helmsman Lunch Buffet Chicken Fried Steak Meatloaf</div><div>5</div><div></div><div>Family Recreation Night 5:30-7 p.m. at Youth Center Call 874-5155 for details! Karate (Shorin-Ryu) 5:30-7 p.m. at Youth Center Free Movie 7 p.m. at the Ellison Rec. Center A Good Year (PG 13)</div></div> | <div>6</div> <div><div>Helmsman Lunch Buffet Roast Tom Turkey Ham Steak with Pineapple</div><div>Looking for something to do? How about... An Aerobic Class</div><div>Karate (Shorin-Ryu) 5:30-7 p.m. at Youth Center Free Movie 7 p.m. at the Ellison Rec. Center Borat (R)</div></div> | <div>7</div> <div><div>Helmsman Lunch Buffet Southern Fried Chicken Liver and Onions</div><div>Family Recreation Night 5:30-7 p.m. at Youth Center Call 874-5155 for details! BINGO 4-10 p.m. Bingo Hall! Free Movie 7 p.m. at the Ellison Rec. Center Flags of Our Fathers (R)</div></div> | <div>8</div> <div><div>Helmsman Lunch Buffet Roast Beef Pit Smoked Ham</div><div></div><div>Free Movie 7 p.m. at the Ellison Rec. Center Eragon (PG 13)</div></div> | <div>9</div> <div><div>Helmsman Lunch Buffet Fried Catfish Spaghetti with Meat Sauce</div><div>Free Movie 7 p.m. at the Ellison Rec. Center Dodgeball: A True Underdog Story (PG 13)</div></div> | <div>10</div> <div><div>Ballet, Jazz and Tap Class every Sat. 8 a.m.-12 p.m. at the Conference Center</div><div><div>FAMILY MOVIE DAY! Ellison Rec. Center 1 - 4 p.m. (Movie begins at 1:30 p.m.) Zoom (PG)</div></div><div>Free Movie 7 p.m. at the Ellison Rec. Center Must Love Dogs (PG 13)</div></div> |
| | | | | | | <div>Ballet, Jazz and Tap Class every Sat. 8 a.m.-12 p.m. at the Conference Center</div> <div><div>FAMILY MOVIE DAY! Ellison Rec. Center 1 - 4 p.m. (Movie begins at 1:30 p.m.) Alex Rider: Operation Stormbreaker (PG)</div></div> <div>Free Movie 7 p.m. at the Ellison Rec. Center Little Miss Sunshine (R)</div> |

TFIA continues work to improve IA process

**BY LT. JUSTIN COLE
CHIEF OF NAVAL PERSONNEL
PUBLIC AFFAIRS**

Rear Adm. Sonny Masso chaired a Task Force Individual Augmentation (TFIA) meeting last month that was aimed at further improving the IA process, and reviewing current policies and initiatives.

Masso, who has led TFIA since its inception, directed the review of the entire IA process to include detailing, training and benefits for sailors and their families, of both the reserve and active components. The review was part of a periodic assessment to ensure that procedures previously put in place were having the desired outcome for the sailors

affected by them. “We were stood up in April of 2006 to do three things,” said Masso. “First, we took a look at the sourcing and notification process. Then we took a look at the training pipeline to get our sailors ready to go into harms way. Finally, we wanted to make sure we were taking care of the families of those who were serving as IAs, and make sure they knew how much we valued their service.”

TFIA is made up of senior officers and enlisted personnel from various commands who have a stake in the IA process. Representatives from the Naval Expeditionary Combat Command (NECC), Fleet Forces Command, Navy

Personnel Command, and the chief of naval personnel contribute to the task force. “The ultimate goal of the task force is to work ourselves out of a job. If we are able to get these processes ingrained into the way we do business on a daily basis, then the task force would no longer be needed. I would consider that a big success for us and a bigger success for the IAs,” said Masso.

Recent meetings of the task force have focused on establishing initiatives aimed at taking care of the sailors families and careers. Award points, duty preference, and advancement exam flexibility were some of the initiatives announced in NAVADMIN 273/06. The

original message, according to Masso, was not meant to be the final word, but rather a starting point. “The initiatives have been in place for several months and we have gotten some good feedback from the fleet,” said Masso. “We want to keep reviewing the process and the incentives we are offering to the sailors taking these jobs to make sure we really are doing the right thing by them. If there is a way to improve the process, we owe it to everyone to look into that.”

Following the TFIA conference last week, a list of proposals was generated to modify and add certain incentives to IAs. These initiatives will be announced in the coming

weeks. “We want to make sure that we don’t exclude one sailor who is doing this important duty and legitimately deserves these incentives,” said Masso.

Since TFIA stood up last year, NECC and Expeditionary Combat Readiness Command have also come online as the one-stop source for IA and family readiness issues. NECC integrates all war-fighting requirements for expeditionary combat and combat support elements. This transformation allows for standardized training, manning and equipping of sailors who will participate in maritime security operations and the global war on terrorism as part of the joint force. They are involved in every aspect of

an IAs professional development as they get ready to deploy, but are also the source for family information.

While the IA process continues to become more familiar to Navy personnel on a daily basis, Masso says it is TFIA who deserves much of the credit for its success. “I have never been more proud of a group of people in my life,” he said. “From the very beginning, they broke down the processes that bound the way we did business for years. They rewrote the book on getting results in a timely manner and they did it all while asking themselves only one question - ‘What is the right thing to do for these sailors?’”

Local radio/television weather information

In the event of a base closure or delay, such as because of inclement weather, you can tune into any of the below local media outlets for up-to-date information:

AM Radio Stations

WHBQ 56
WREC 600
WJCE 680
WDIA 1070
WKAM 990
WKBL 1250

FM Radio Stations

WKBC 93.5
WMBC 94.1
WMPS 96.1
WHRK 97.1
WEGR 102.7
WRVR 104.5
WGKX 106
KXHT 107.1

TV Stations

WREG Channel-3 (CBS)
WMC Channel-5 (NBC)
WHBQ Channel-13 (FOX)
WPTY Channel-24 (ABC)
Millington CATV Channel-11
Covington KBJ Channel-29



EYE ON THE FLEET



MUCM Douglas D. Forziati carries the flag presented to him during the reading of *Old Glory* at his retirement ceremony held at Joint Forces Command Naples, Italy Jan. 25. Forziati, 64, was the oldest enlisted sailor in the Navy and served from 1960 to 1964 and again from 1981 to 2007. “My love for the Navy comes from my love of people,” said Forziati. He also said he believes in assisting junior personnel with all matters concerning career and family goals.

(Photo by MC2 Shaun Knittel)

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